

## Sunday Mail



**WHISKY** workers are getting help from *Star Wars* technology to quit smoking.

Staff at three distilleries on Islay took part in their first laser therapy sessions last week.

Jim Donaldson, personnel director at Morrison Bowmore's, said his firm had been enthusiastic about helping their staff stop smoking.

And he had been amazed at the response from the workforce.

## Sunday Post

### Whisky smokers

**WHISKY WORKERS** on a remote Scottish island are using *Star Wars*-style technology to help them quit smoking.

Employees at the Morrison Bowmore distillery on Islay got their first laser therapy sessions last week. Workers from two other distilleries run by Highland and Glenmorangie also turned up for the £90 treatment courses developed in Scotland by Anne Penman.

She set up her first Laser Therapy Centre seven years ago and has successfully treated thousands of smokers.